

aikido seminar

with

shihan Bernhard Boll

Friday 7.11.

aikido 19-21

Saturday 8.11.

misogi 8-9

aikido 9:15-11:30
16-18

Sunday 9.11.

aikido 9-11
12:30-14:30

Price: 400 czk / 15€

Address: Klub Junior gym
Na okruhu 395/1
Písnice, Prague 4

GPS:



stop Sídliště Písnice
bus 113 from metro station Kačerov
bus 197 from metro station Smíchovské nádraží, Háje, Chodov

Or send email before coming and we will pick you by car

Food: Saturday lunch in a nearby pub
Sunday lunch on tatami - soup, fruits, cakes

Accommodation: Sleeping in the dojo **not assured!**
let us know,
we will try to find a place for you

Kontakt: Michal Hájek
email: hajek1@karlov.mff.cuni.cz
tel.: +420 221911632



Aikidó Libuš