

# aikido seminar

with

## shihan Bernhard Boll

**Friday 5.11.**

aikido 19-21

**Saturday 6.11.**

misogi 8-9

aikido 9:15-11:30

16-18

**Sunday 7.11.**

aikido 9-11

Price: 400 czk / 15€

12:30-14:30

GPS:

Address: Klub Junior gym  
Na okruhu 395/1  
Písnice, Prague 4



stop Sídliště Písnice  
bus 113 from metro station Kačerov  
bus 197 from metro station Smíchovské nádraží, Háje, Chodov

**Or send email before coming and we will pick you by car**

**Food:** Saturday lunch in a nearby pub  
Sunday lunch on tatami - soup, fruits, cakes

**Accommodation:** Sleeping in the dojo **not possible!**  
we will try to find a place for you

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**Aikidó Libuš**